



ADHD Intensive

Module 3: Teaching Organization

Questions I have about teaching organization

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What is Executive Function?

A large, empty light blue rectangular area intended for writing answers to the question above.



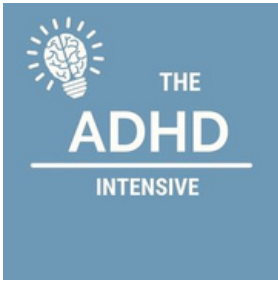
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Development of Executive Function

Signs of Executive Function weakness

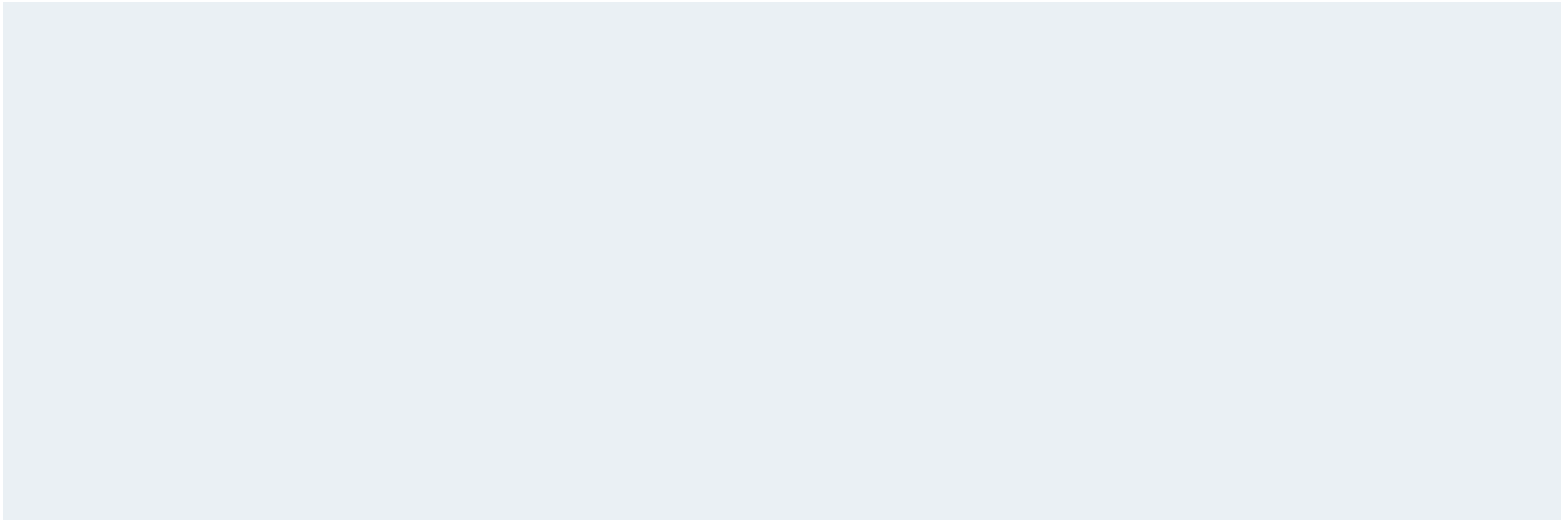
- Finds it hard to figure out how to get started on a task
- Can focus on small details or the overall picture, but not both at the same time
- Has trouble figuring out how much time a task requires
- Does things either quickly and messily or slowly and incompletely
- Finds it hard to incorporate feedback into work or an activity
- Sticks with a plan, even when it's clear that the plan isn't working
- Has trouble paying attention and is easily distracted
- Loses a train of thought when interrupted
- Needs to be told the directions many times
- Has trouble making decisions
- Has a tough time switching gears from one activity to another
- Isn't able to think about or do more than one thing at a time



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What parents need to know



Teaching Organization





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Organizing Tasks

Prioritizing Tasks



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Making Lists: Why and How



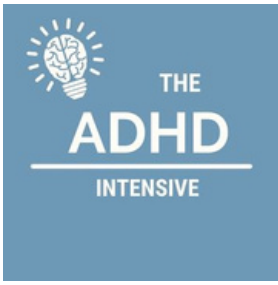


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Organizing Things

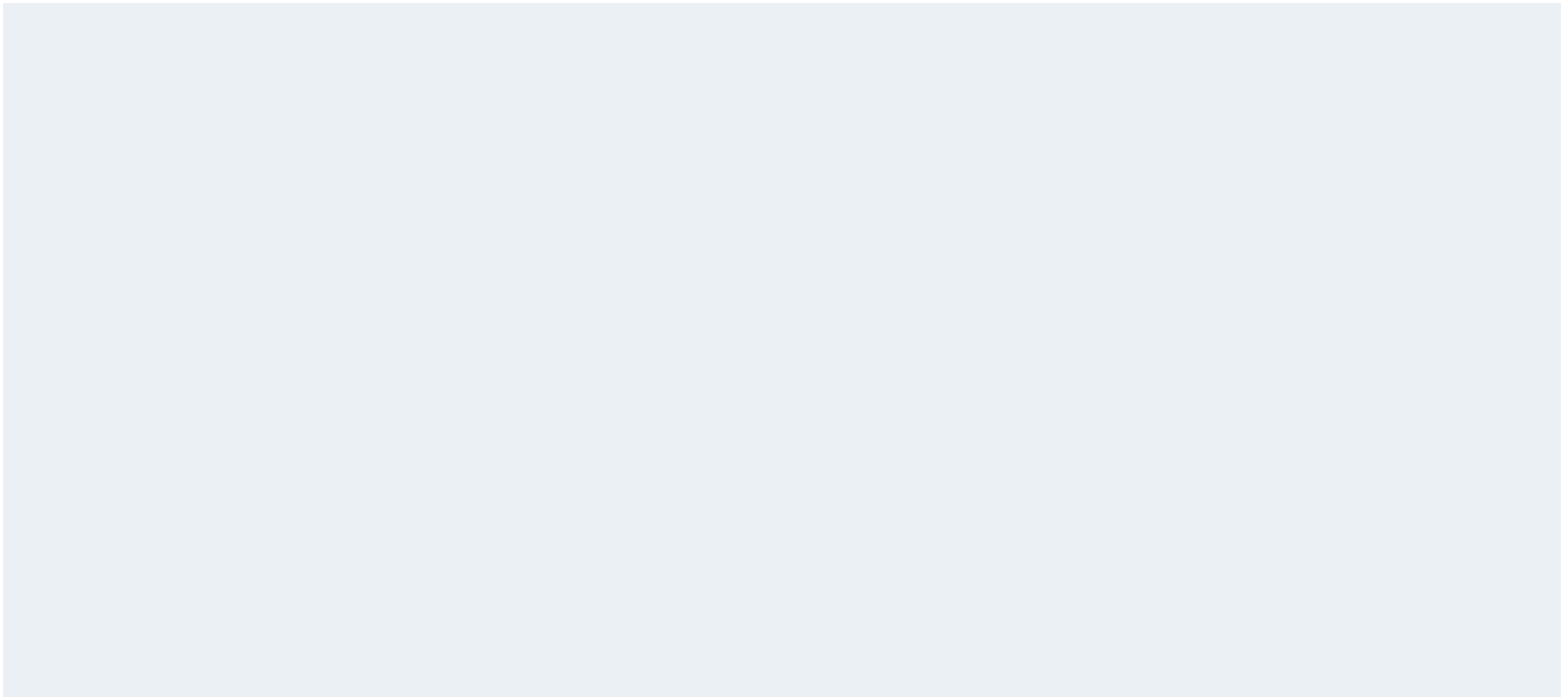




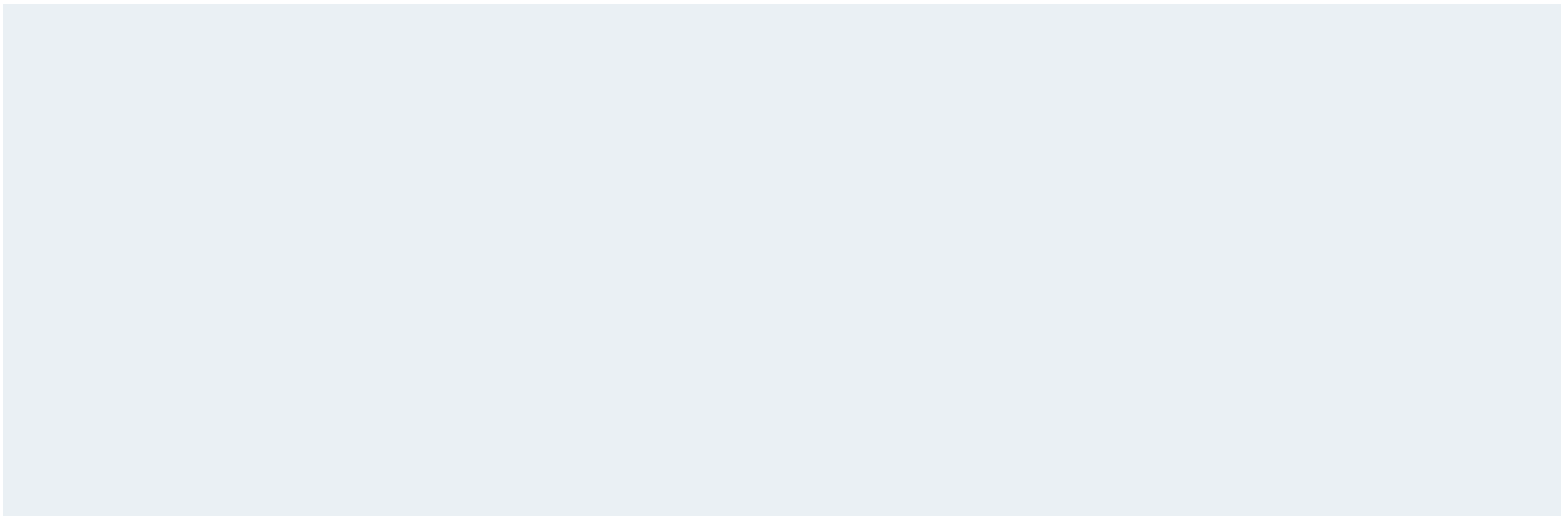
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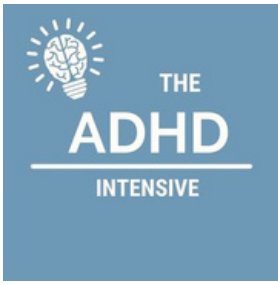
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Flexible Thinking



Support with Accommodations





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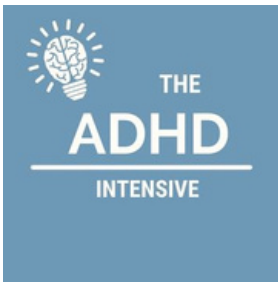
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Keeping things relevant

Empty space for notes or content related to 'Keeping things relevant'.

My Key Takeaways

Empty space for notes or content related to 'My Key Takeaways'.



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Resources

Teaching Organization Course

Free with purchase of the ADHD Intensive.
Access course here.

<https://homeschoolingwithdyslexia.com/product/course-6-executive-function-teaching-your-dyslexic-child-to-organize-their-thoughts-personal-space-and-time/>

Add course to your cart and use discount code: ADHD

Websites

9 Best apps for Improving Executive Function

<https://www.graphite.org/blog/9-best-apps-and-sites-to-improve-executive-function>

Family Games That Increase Executive Function

<http://www.whatdowedoallday.com/2015/05/family-games-that-improve-executive-functioning.html>

Organizational Apps for Teens

<https://parentingteensandtweens.com/organizational-apps-for-teens/>