

# ADHD Intensive

## Module 6: Social Skills

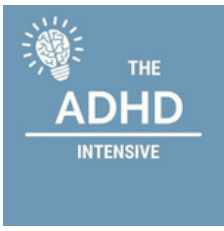
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What issues are you currently experiencing with social skills?

Empty response area for social skills issues.

How ADHD affects social skills.

Empty response area for how ADHD affects social skills.

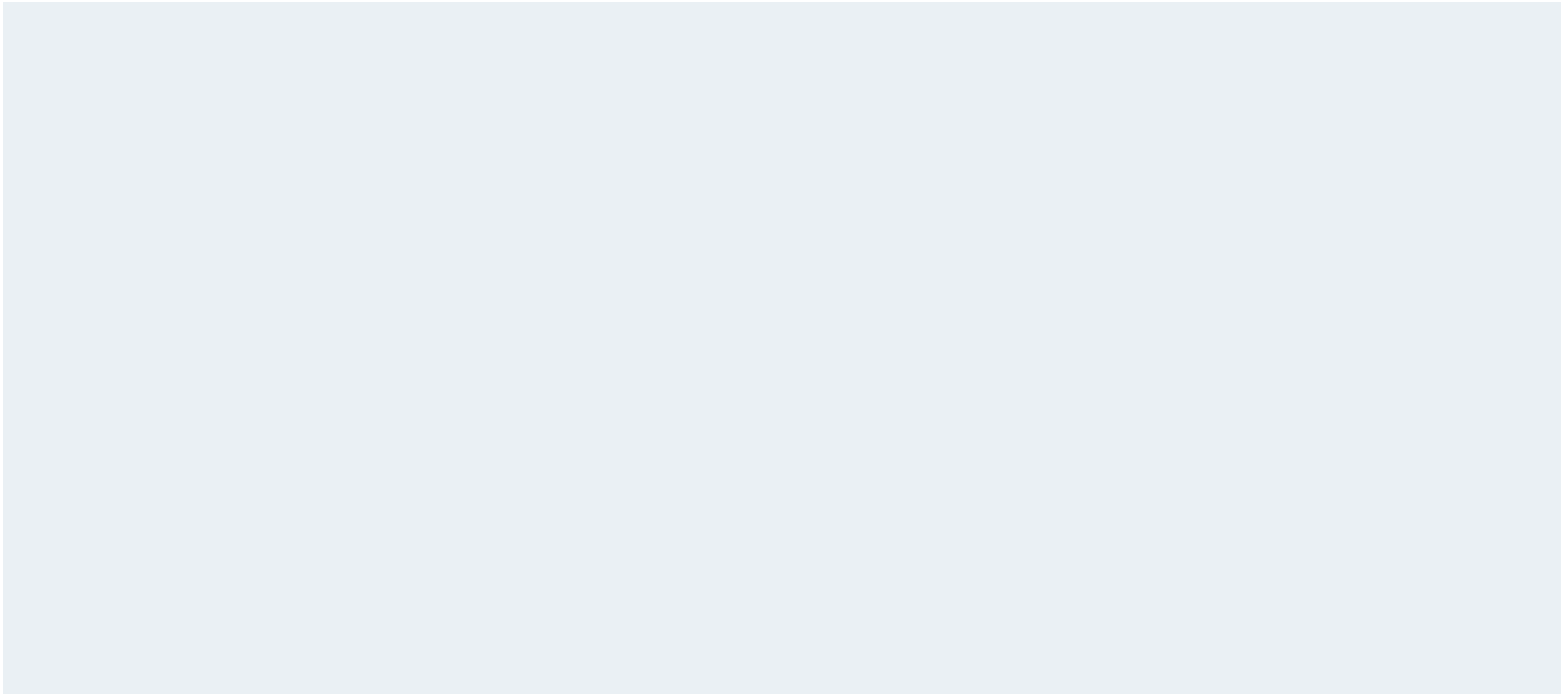


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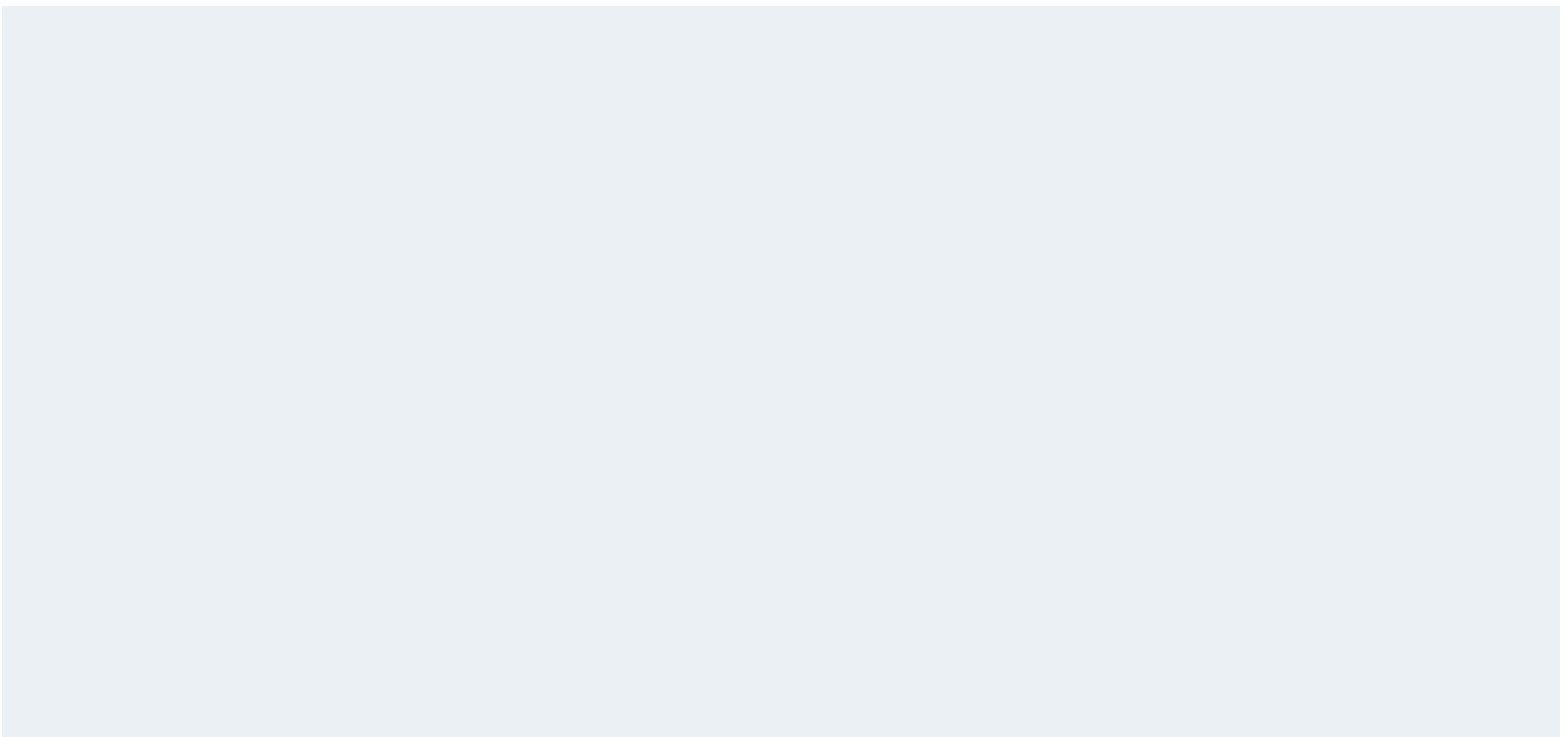
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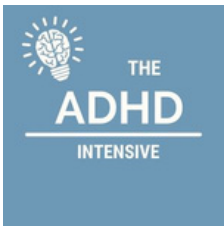
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Common social skills struggles



Elements of social competence





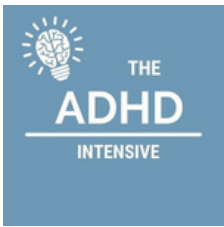
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### Basics of building social skills



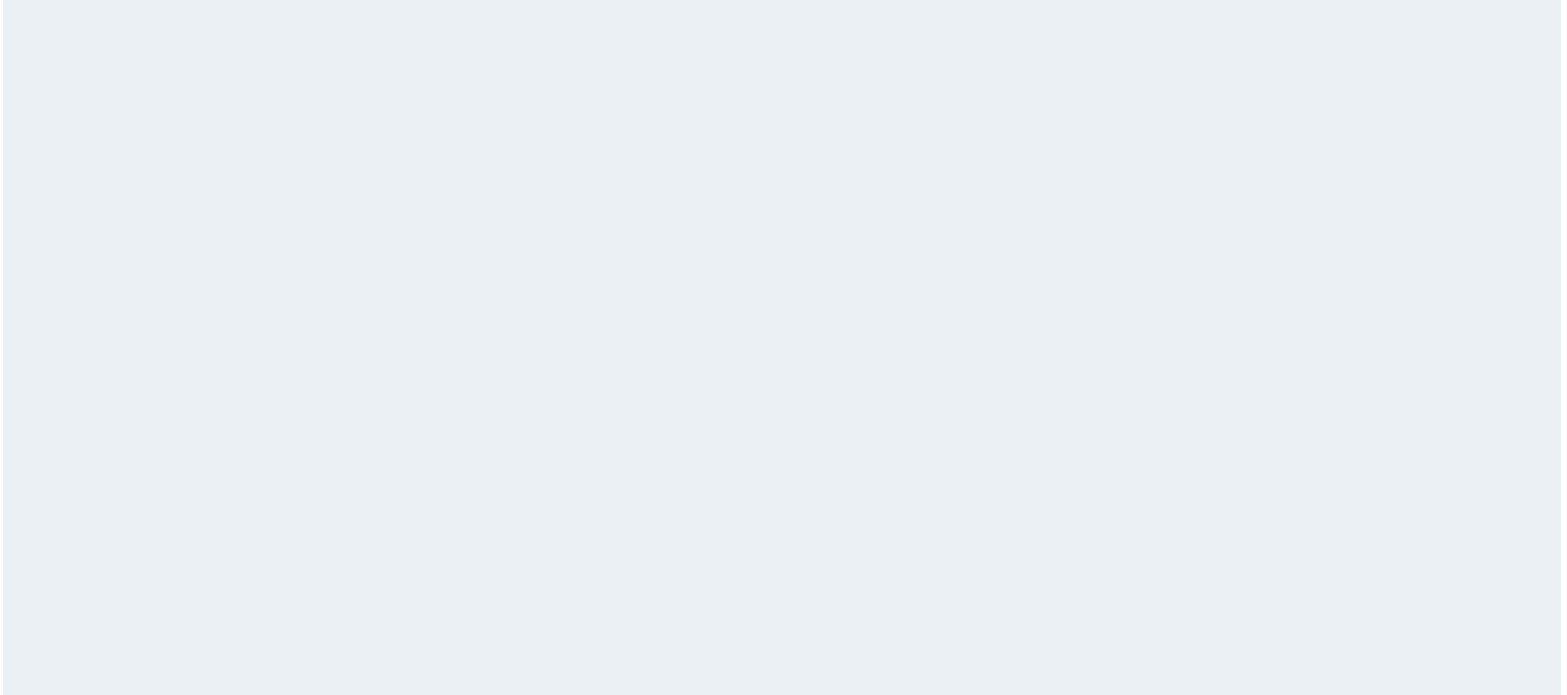


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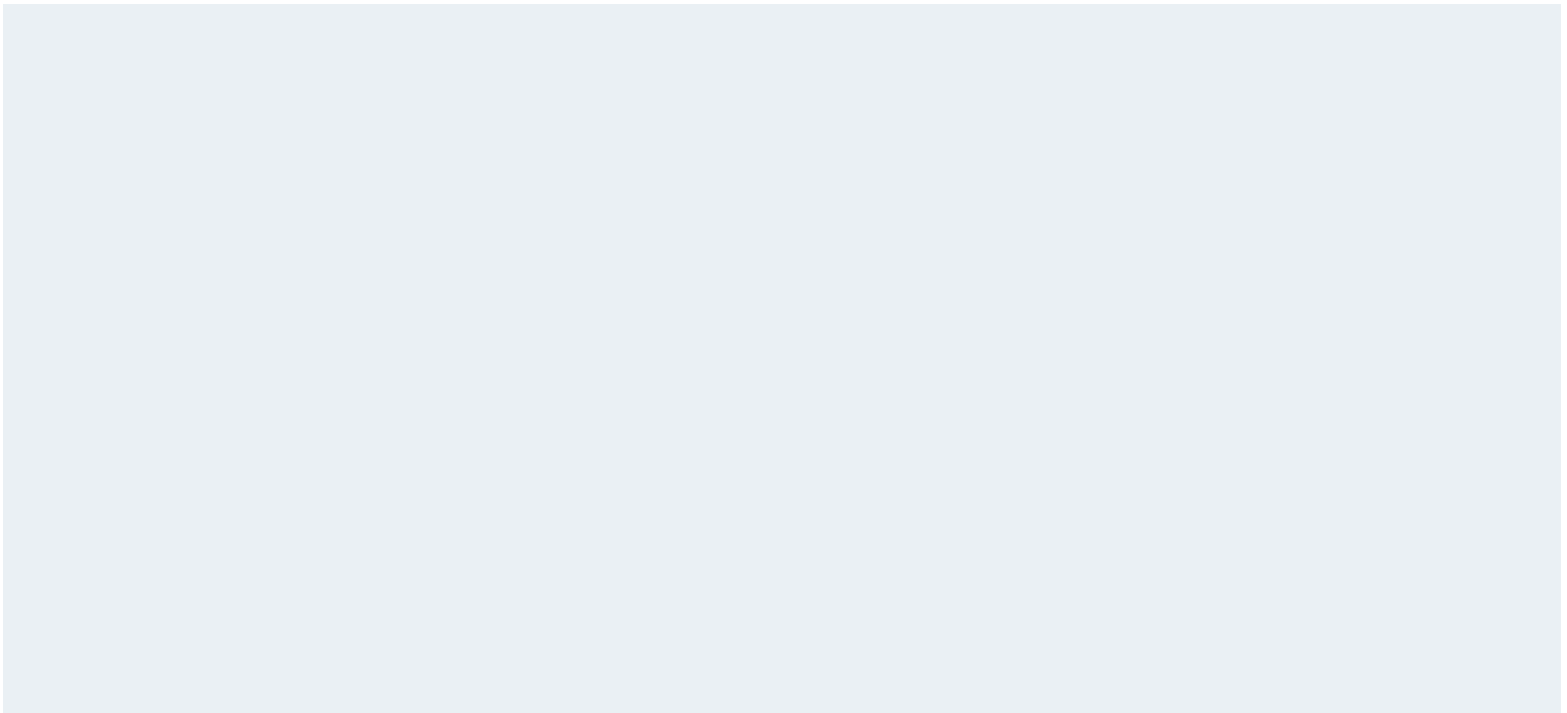
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### SEF: Social Executive Function Skills



### Social Skills Training



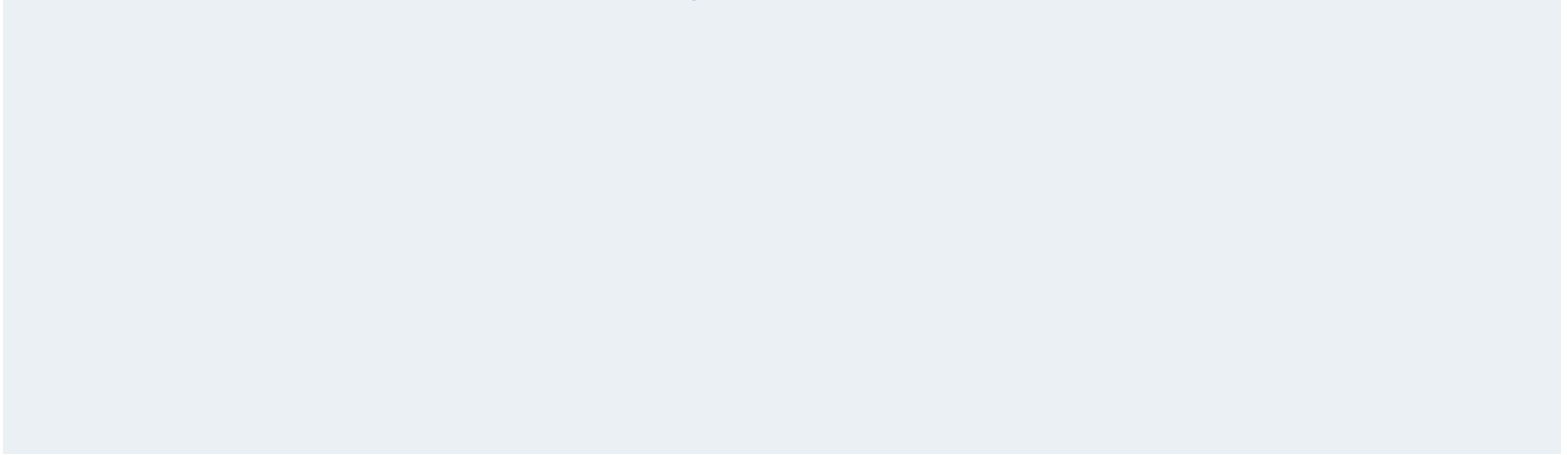


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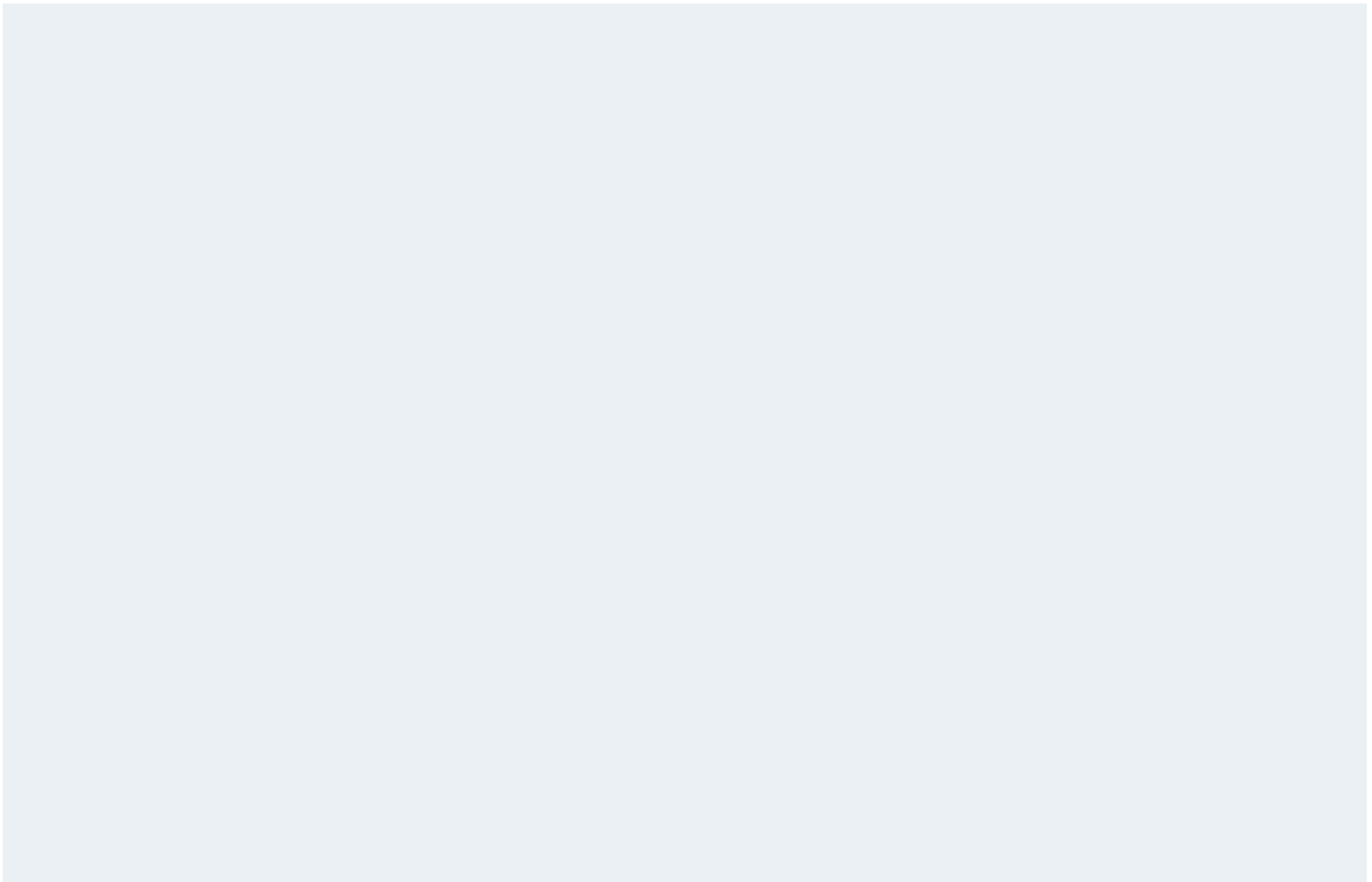
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A word about social anxiety



Signs of SEF weakness



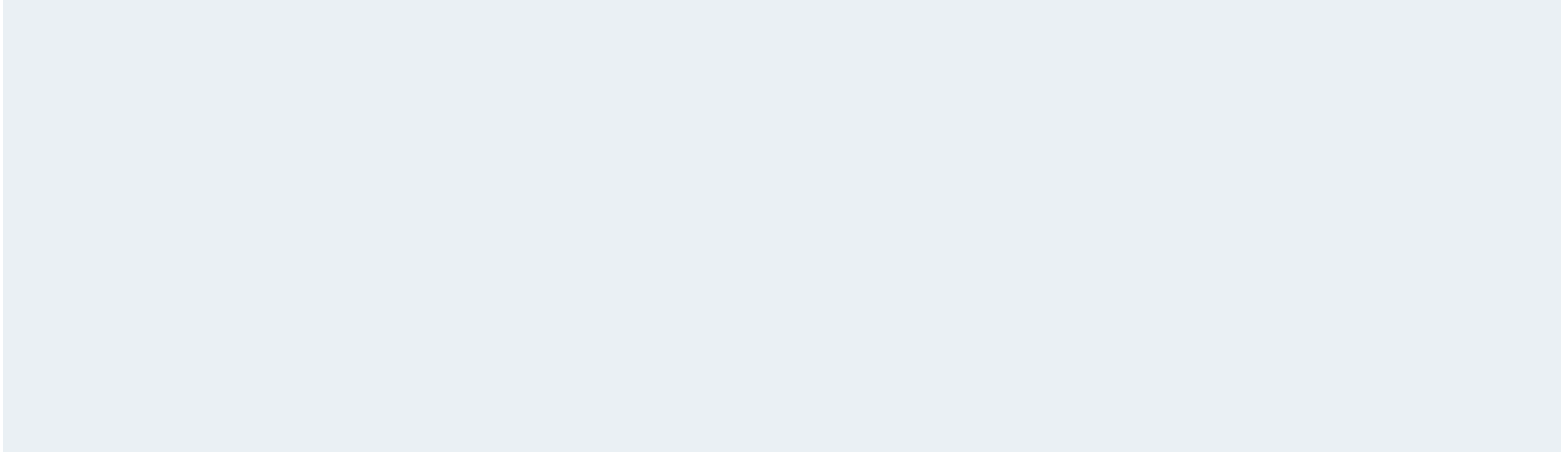


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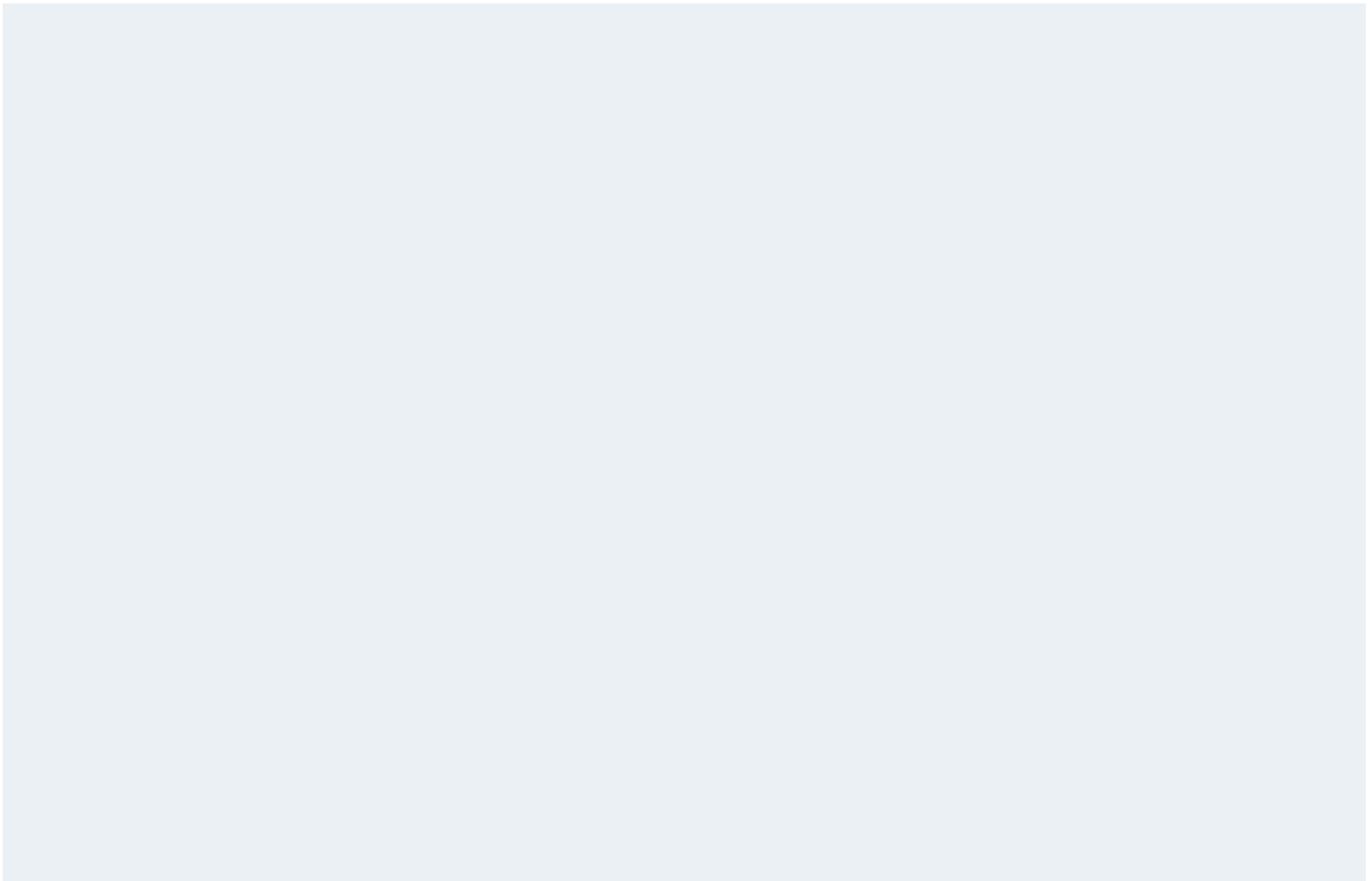
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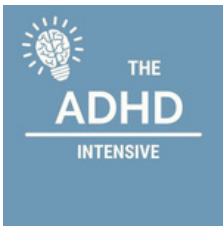
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Building perspective-taking skills



How to teach perspective





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### Questions to build perspective taking

Where were you? What was going on?

What were your behaviors and words

Did my words/behavior give positive, neutral or negative thoughts?

What did they do/say because of their thoughts?

How did you feel about it?

Should I do anything different next time?

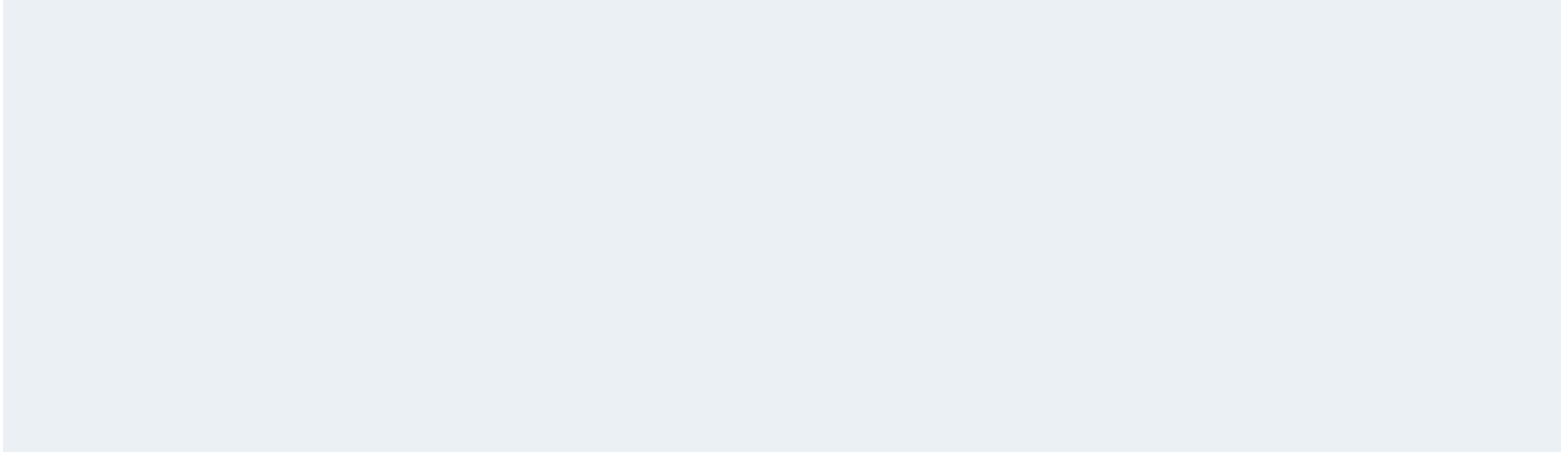


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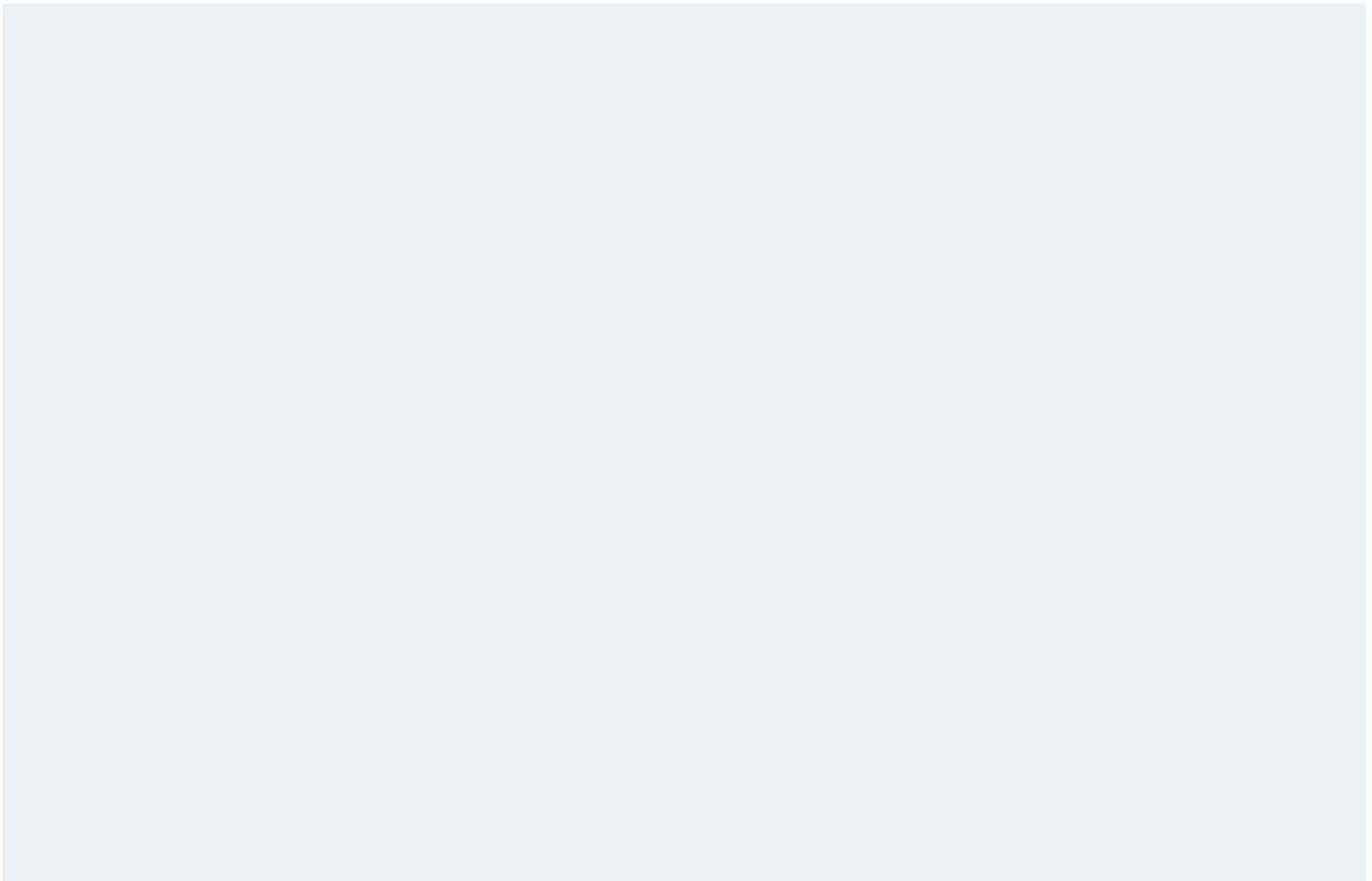
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Handling bad habits



Teaching to read the room







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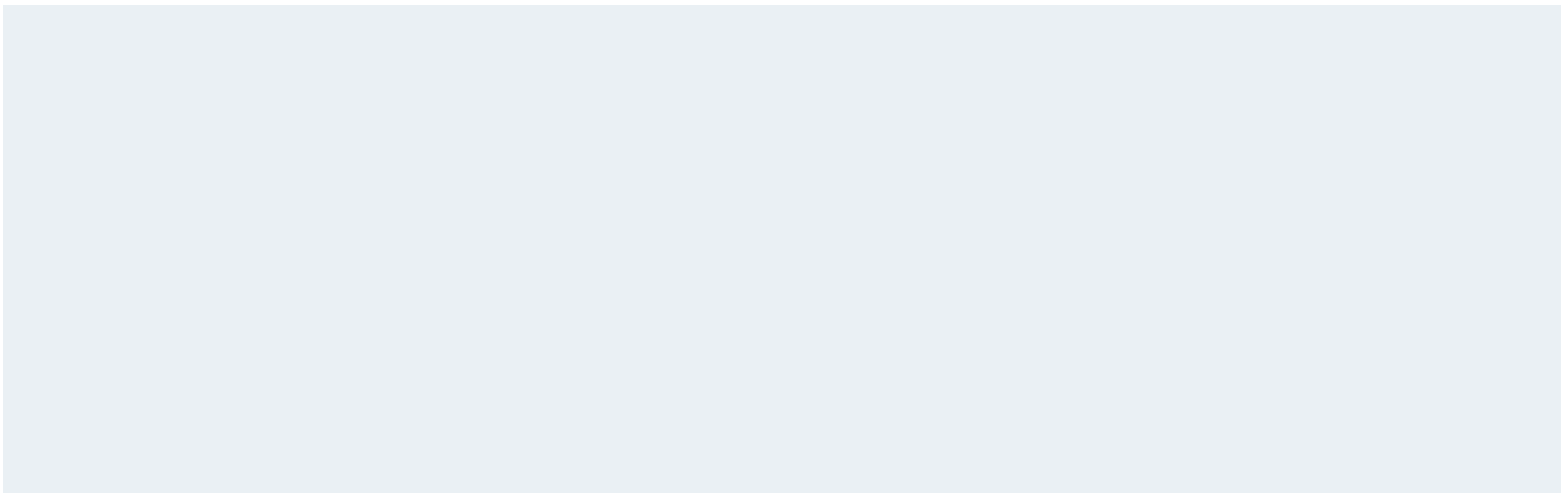
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Teaching through get togethers



Expectations





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### Resources

#### Websites

[ADHD Dude YouTube](#)

[ADHD Dude Website](#)

[ADDitudemag.com](#)

[CHADD: Children and Adults with ADHD](#)

#### Books

[The Explosive Child: A New Approach for Understanding, and Parenting Easily Frustrated, Chronically Inflexible Children](#)

[The Essential Guide to Raising Complex Kids with ADHD, Anxiety, and More](#)

[Transforming the Difficult Child](#)