



Week 1: Kids

1. Watch the Week 1 Intro video
2. Print the PDF workbook for Week 1
3. Watch the videos and fill in the workbook questions
4. Share your thoughts, reactions, and insights in the Revive! Facebook group

Videos in this module:

- ☐ How Stress Affects Learning
- ☐ Why You Need to Say Dyslexia
- ☐ Developing a Growth Mindset
- ☐ Will the Real Intelligence Please Stand Up?
- ☐ The Key to Your Child's Success



Video 1: The Affect of Stress on Learning

Think About It

How might stress be affecting your kids behavior and attitudes - especially towards learning? What limiting beliefs do your kids have?

Take Action

Which of the deschooling or stress reducing strategies discussed in this video would make the biggest impact on your kids right now?



Video 2: Why You Need to Say Dyslexia

Think About It

What do your kids know about dyslexia? Which of the myths might they be believing?

Take Action

Find time to ask your child about how they are feeling about learning. Decide how you will share some of the truths about both the strengths and weaknesses of dyslexia.



Video 3: Developing a Growth Mindset

Think About It

Could a fixed mindset be causing your kids to resist learning? Do they feel like they aren't smart and can't learn things?

Take Action

See the Resources page at the end of this week's PDF. Read the posts on teaching a growth mindset to kids. Begin to rephrase your praise.



Video 4: Will the Real Intelligence Please Stand Up?

Think About It

How does the story of Gillian Lynne affect your thinking about your kids? Do you believe that intelligence can come in multiple forms?

Take Action

See the Resources page at the end of this week's PDF. Read the posts on multiple intelligences. Which of your kids' talents could be a different form of intelligence?



Video 5: The Key to Your Kids' Success

Think About It

Were you surprised to learn about the power of grit? What attitudes and beliefs do you have about success and intelligence that need to be reframed?

Take Action

See the Resources page at the end of this week's PDF. Download the list of ways to foster great grit in your kids. Pick a few and start implementing them this week.



Kids Week 1: Resources

Links:

[How to Effectively Deschool](#)

[Talking to Kids About Dyslexia](#)

[10 Myths About Dyslexia](#)

[How to Teach About a Growth Mindset](#)

[Understanding Multiple Intelligences](#)

[20 Ways to Foster Grit in Your Kids](#)